

Dining Room Menu

October 6th-October 12th

Rev. Wk 4

N.B. There may be slight changes to this menu.

	Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th	SATURDAY 11th	SUNDAY 12th
Break-fast	Porridge, cereal,hard boiled eggs served with Ham , choice of toast, tea, coffee, & jam	Porridge, cereal,cottage cheese with fruit & yogurt, choice of toast, tea, coffee, & jam	Porridge, cereal,& scrambled eggs and Bacon, choice of toast, tea, coffee, & jam	Porridge, cereal, French toast with maple sauce ,tea, coffee, & jam	Porridge, cereal, Fried egg & bacon, choice of toast, tea, coffee, & jam	Porridge, Philadelphia cream cheese with sliced tomato , choice of toast, tea, coffee, & jam	Porridge, cereal,Scrambled Eggs and Bacon choice of toast, tea, coffee, & jam
Lunch	Barley Soup , Tuna salad OR Bagel with Cream Cheese	Minestronie Soup, Chicken salad plate , Fruits for dessert OR , Egg sandwich	Veggie Soup, Pizza and salad, Cookie for Dessert OR Muffin Plate	Carrot Soup ,Salmon sandwich with salad ,Fruit for Dessert OR cheese sandwich	Cauliflower Soup, Beef chili with and garlic bread ,Fruit for Dessert OR Cottage cheese Plate	Mushroom Soup ,Turkey Ham sandwich Plate ,Fruit for Dessert OR Muffin Plate with Cheese and Fruits	Chicken Noodle soup,Grilled cheese sandwich plate OR Ham sandwich
Dinner	Veal stew , Potato ,Veggie Cookie for Dessert OR Daily sandwich with salad ,fruit	Chicken Leg , Potato & Veggie, Cake for Dessert , OR Tortellini	German sausage with fried onion , Potato & Veggie ,Cake for Dessert OR Chicken pasta	Pork cutlet , Veggie ,Potato & Ice Cream for Dessert OR Chicken stew	Basa Fish Filets, French Fries, veggie , Jell-o OR Daily sandwich with salad	Meatloaf, Potato Veggie ,Pastry for Dessert OR Ravioli	Turkey with stuffing and cranberry sauce , Potato & Vegetable , Pumpkin pie OR potato dumpling